

Sudden Cardiac Arrest is the Number One Killer in the US Over 400,000 People Died Last Year in the US from SCA.



Sudden Cardiac Arrest is the #1 Killer of Student Athletes



6,328 Individuals ages 18 years Old and Younger in the US Experienced EMS Assessed SCA Outside Hospitals Each Year in the US. That is 17 Kids Per Day!



1 out of 100 kids has an Undetected Heart Condition



A Simple EKG-Echo Test Can Save Lives

With the latest statistics from the American Heart Association and pending legislation across the country to provide heart screenings along with sports physicals for our students athletes prior to having them on the field of play we strongly urge you to have your child screened.

For more info on mCORE™ or to register your athlete visit mcoreathletes.com

One Young Competitive Athlete Dies Every Three Days from an Unrecognized Cardiovascular Disorder.

American Heart Association

Dear Parents,

On the morning of August 20, 2014, I was greeting my 5th grade students as they entered the classroom, when I received the most devastating phone call of my life. My son's best friend and roommate had called to tell me, "Jason was gone".

My son, Jason Bitsko, had passed away in his sleep from Sudden Cardiac Arrest. He was the starting Center for Kent State University's football team. He had an older brother, a younger sister, and a one year old nephew which he adored. Jason was only 21 years old. He was a true and loyal friend and teammate who was actively involved with Fellowship of Christian Athletes.

Jason appeared healthy. He never had any major surgeries, no broken bones, and was hardly ever sick. There were NO warning signs. This is why I am dedicating the rest of my life to spread the necessity of heart screenings for athletes. As parents, we screen our children for vision and hearing loss, take them to dental appointments and annual checkups. Why would we not screen the most important organ in our body?

mCORE™ screening is a way to prevent these tragedies from ever happening to another family. Their screenings include BOTH echocardiograms and EKG'S. The cost for this is only \$75 per athlete. The mCORE™ foundation is also available to pay for athletes who want to be screened and cannot afford this. I encourage every parent and every coach to have their children and players screened. You will never regret doing this.

Sincerely,

Pamela Bitsko

**There are 86,400 seconds in a day,
make sure to use one of them to
thank God for everything you have**

-Jason Bitsko's last tweet

